

Food Items

Cereal, Healthy Snacks(i.e. granola bars, fruit cups)

**Canned goods(other than vegetables,
ravioli, chicken, tuna, soup, spaghetti)**

Iced Tea Mix, Juice, Peanut Butter, Jelly

Grated Parmesan Cheese, Shredded Cheese

Salad Dressings, Cooking Oil

Pasta Sauces (Pasta is not needed at this time)

Muffin Mixes, Baking supplies (flour, sugar, etc.)

Condiments (ketchup, mustard, mayo)

Mac N Cheese boxed mixes/ Taco Kits

**Fresh Fruits and Vegetables, Eggs, Milk (please
contact the shelter at 798-4384 to make sure these can
be used right away)**